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| Name: mrs.Hemalatha | Reg No: 17-4SMMHC18 |
| Age / Sex:40/F | Contact No:8050981557 |
| Marital Status: ML- 14 YEARS | Date:26/4/18 |
| Occupation: HOUSEWIFE ( PUC) | Dr. PJFP |
| Address:NATIVE OF BALLARY  IN BLORE SINCE 14 YEARS | DIAGNOSIS- |

1. ARTHRITIS FROM 7 YEARS.

STARTED WITH LEFT KNEE JOINT NEXT TO BOTH SHOULDERS AND ELBW JOINTS. 6 MONTHS AFTER 2ND DELIVERY. WEIGHT LOSS SINCE 1 YEAR. TAKING PANKAJA KASTURI FEELING BETTER NOW.

DISTORTED HAND FINGERS SINCE 2 YEARS FOR RT HAND AND 1 YR FR LEFT HAND. PAIN IN THE FINGER JOINTS.

PAIN MORE IN THE NIGHTS AND AS SHE WAKES UP IN THE MORNING AND WORKS IT REDUCES. PERIODS TIME PAIN INC. 4 TH DAY FEELS WEAK AND AFTER BATH FEELS WEAK. 12-1 PM FEELS BETTER. AFTER PERIOD ONLY ONE LEG PAIN ANY LEG AT A TIME BOTH DOESN’T PAIN.

PAIN IS MORE CANT LIFT THE SHOULDERS

IN WINTER THE FINGERS PAIN A LOT.

NIGHTS SHOULDERS PAIN A LOT.

PRICKING TYPE OF PAIN.

* HOT WATER.

PAST H/O:

* 2007 – APPENDICITIS OP AFTER DELIVERY.2ND
* GOT SOME BOIL ON THE BACK THEN TOOK HOMOEO. AFTER THAT HAD GOT SOME NUMBNESS ON TONGUE SO STOPPED THT MEDICINE.

FAMILY H/O:

DAD: HEART ATTACK. 61 YRS DIED (PT WAS 28 YEARS)

MOM: BONE CA. (PT WAS 13 YEARS)

3RD ELDER BRO – DM. 44 YEARS.

3 ELDER BRO AND SHE IS THE LAST.

GOT MARRIAGE WHEN SHE WAS 26 YEARS.

HAS 2 KIDS.

2 LSCS.

1. LSCS – GIRL BABY 13 YEARS . A N H ( HAD HYPEREMESIS)
2. LSCS – BOY 9YEARS A N H.

PERSONAL H/O:

VEG, IRREGULAR DUE TO WAITING FR HUSBAND AND KIDS. HUSBAND WORKS AS PUROHIT IN TEMPLE.

DESIRES: SPICY

THIRST: 2 LTS A DAY FEELS THIRSTY.

URINE: NS

MOTION: NS.

SWEAT: FEELS LESS. BEFORE DELIVERIE USE TO SWEAT WELL. AFTER DELIVERY FEELS REDUCED A LOT.

EYES: DOESN’T WATER HER EYES. FEELS BURNING IN EYES BUT DOESN’T WATER. OCASSIONALLY LEFT EYE BURNS MORE AND RED.

LIKES SUMMER AND WARMTH.

IN WINTER THE JOINT PAINS INCREASE.

MENSES : REGUALR.

ARTHRITIC PAINS INC WITH MENSES AFTER A DAY.

DREAMS: MORE ABOUT GODS , SEES AMMAVARU MORE. SNAKES. AS IF FOLLOWING HER. LIFTING HOODS AND LOOKING AT HER.

SLEEP: GOOD REFRESHED.

POSITION: LIKES TO SLEEP ON LEFT SIDE. EVEN FEELS PAIN IS A BIT BETTER.

DOESN’T LIKE QUARRELELS AND SHOUTINGS WILL COME INSIDE THE HOUSE. WONT TALK MORE. TALKING WITH ME ITSELF IS MORE. USE TO HAVE ONLY ONE FRN IN SCHOOL. LIKES CLASSICAL DANCE AND SONGS LEARNT TO SOME EXTENT AND STOPPED.

IF ANGRY WILL SHOUT AT EVRYONE AND WILL KEEP QUIET. WILL NOT TALK AT ALL FR DAY.

RX:

1. IGNATIA 200 – 1 DOSE – NIGHT B/FOOD.
2. RHUS TOX 200 – 4-4-4-4
3. CALC.PHOS 12 X 4-4-4-4.

26/5/18: having pain in the joints only during periods tht too left elbow joint more pain. dreams as if going to school and searching for her classroom. Worried that her sons school is reopening and she has to wake up early with those pain and send him to school. That fear is there. Feels from 7-8 days gets phlegm after brushing and after spitting again gets it. White color. Feeling weak to bring out the mucus.

Rx:

1. Carcinosin 1m – 1 dose.
2. IGNATIA 200 – 1 DOSE – NIGHT B/FOOD.
3. RHUS TOX 200 – 4-4-4-4
4. CALC.PHOS 12 X 4-4-4-4.

9/6/18: feeling painful in the shoulders and dorsum of hand and elbow joint < morning > hot bath. Weather also became cold so feeling cold due to that feels pain also inc. heel pain < while walking bare foot. Cold from 3-5 days bfr after returning from tpt. Lmp 16/5/18. No change in pain. mouth feels dry. Keeps drinking water. No water in my mouth she says. Wont get tears. Feels cant weep. Mayb if tears com I mayb better.

Rx:

1. Puls 200 – 1 dose .
2. Rub 15 – 1 dose nt b.food
3. Pl pills 2 dram 4-4-4-4.

28/6/18: weakness during menses. Pain inc. more hip, shoulder, little swelling below the rt. Elbow joint. And left ulna paining. Started nerve treatment. feeling good sleep. Dryness in mouth same. Knee pain started . unable slightest touch when in pain. feels like life is gone. if holds tightly thr part pain better. Closes eyes and cathses the part tightly.< night.

Rx:

1. Tub 1m – 1 dose.
2. Rhus tox 1m – 1 dram pills 4-4-4-4.
3. Ignatia 1m – 1 dram pills 4-4-4-4.
4. Rub 15 doses – nt b/food.

21/7/18: 1 week fever app down. pain inc. left wrist painful. Lmp: 11/7/18. Dryness same.

Rx:

1. Carc1m/ignatia1m/rhus tox1m. 1 dram
2. Polyporus 200 – 4-0-4. Disc.
3. Rub 15 – 1 dose nt.
4. Oil rheumagic.

550

17/8/18:

* Left side more pain < night feels numbness also.
* Sensitive to cold. Unable to touch cold water also. Pain inc.
* Feeling pain increased.
* 40% better with shoulder pain. feels more in the left shoulder that too.
* Elbow pain feels inc than before during periods only. feels swelling b/l.
* Hip pain more during periods only.left side stiffness.
* > straight lying. < lying on sides.
* Knee pain not much 3 days before periods and 3 days after periods gets knee pain.
* Dryness of lips and mouth same.
* Lmp: 10/8/18.

Rx:

1. Rhododendron1m/sil1m/psorinum1m
2. Rub 15 – 1 dose night b/food.
3. Kaliphos 6x 4-4-4-4.

3/9/18: pain 30-40% better. Lmp: 10/8/18. Numbeness in the left hand. < night. No relief only. even left shoulder also same. Hip pain is also better. Neck pain is bit disturbing tho reduced than before. < night only. knee pain also better. Dryness same on the lips. Weakness also not as much as before. One week having more phlegm whitish. Cold. Not so watery. Hunger is good sleep also better. Had wd for 9 days while taking homoeo med. Weept but no tears. My husband was my mother. Im unable to do anything fr him now.

Rx:

1. Staphysagria1m/ merc sol1m/rhododendron1m. weekly repeat.
2. Lac can 1m – 4 pills daily night 4 pills. 1 dram pills.
3. Kali phos 12 x 4-4-4-4.
4. Rub 15 – night 1 dose b/food.

Fr cold and cough sos – hepar sulph 3 – 4 pills ….

20/9/18: lmp: 9/9/18. Both knee joints pain till morning. Shoulders and wrist pain. numbness and pain. < night. Than last time period pain this time better by 30%.

Rx:

1. Lachesis1m/syphilinum1m – 4-4-4-4 repeat weekly 3 days gap.
2. Nat mur 12x 4-4-4-4
3. Kali phos 12 x 4-4-4-4.
4. Mag phos 12 x 4-4-4-4 – in hot water only.
5. Rub 15 – night 1 dose b/food.
6. Rhododendron 200 – 4 pills sos. Joint pain.
7. Sabina200 – 1 dose.

11/10/18:

Periods time the pain is more as usual during menses. From one week feeling weak. Loosing weight. Burning in the mouth mm. jaw pain in the left side only. <morning cant open mouth well. Left arm pain. lmp: 5/10/18. Feeling hot wants fan. Feeling salty compared to others. Since appendix op then reduced weight.

Probable r: lith carb, led, lyc, rhus tox,

Rx:

1. Puls 1m - 1dose . stat.
2. Puls 0/2 – 3-0-3 pills water doses.
3. Carcinosin 0/2 – 3-0-3 pills alternatively.
4. Lith carb 200 – 4-0-4.
5. Rub 15 – night 1 b/food.
6. Ledum1m+lyco1m – 4-4-4-4.
7. alfalaQ+avenaQ+guiacumQ – 10-10-10 drops in water.

27/10/18: shoulder pain better but hand pain is there. Numb and painful. App better.

Rx:

1. ferr phos 30 /acid phos 30 – 4-0-4 disc.
2. Puls 1m – 4 doses – weekly 2 times. boiron. Night b/food.
3. Ledum1m+lyco1m – 6-6-6. Weekly 3 days – 2 dram pills 30 size
4. Syphilinum1m – 8 doses – weekly 2 times. Mng b/food.
5. alfalaQ+avenaQ+guiacumQ – 10-10-10 drops in water.
6. Sabina 1m – 4 pills 4 times before and during periods. Till periods are over.

11/12/18: lmp: 26/11/18. Fingers all were pulling pain. shoulders and elbow joint painful. Lips dryness better. 45.7kg. knee pain better. Weakness not much. Bleeding is more than befr this time. Hunger also improved. Sleep also better. Dreams like going to temple and leaving her behind and she is following. Even her dad is coming.

1. ferr phos 200 /acid phos 200 – 4-0-4 disc.
2. Puls 10m – 1 dose stat.
3. Ledum1m/syphilinum1m – 6-6-6. Weekly 3 days – 2 dram pills 30 size
4. alfalaQ+avenaQ+guiacumQ – 10-10-10 drops in water.
5. Calc flour30 – 2-0-2 b/food. boiron
6. Puls 50 m – mng 4 pills b/food.
7. Iodum 200 – night b/food.

7/1/19: weakness better. Pain a bit inc due to cold. Lmp:26/11/18. Hunger is good. Got some mass on the thumb ? from right to left it came. Rx:

1. tub 1m – 3 doses- mng b/food water alternate days.
2. Calc phos 1m- on 13th jan 2019
3. Rub 30 – 1 tab night b/food.
4. Acid benz 30 – disc 4-4-4 b/food.

18/2/19: left hand pain is same in the morning and night.sleepless. calf cramps. Nights more. Weakness better.lateral malleolus on the right foot is also giving. pain< while standing as if pulling typ of pain. When eating watr melon feels burning in the retrosternal region. Dryness of lips same. Rt. Ear pain only when sleeping. If pressing behind the ear feels better. Unable to see things from reading short distance. Anger on daughter tht she doesn’t help. During menses more anger. Lmp: 10/1/19; 7/2/19 .

Rx:

1. Calc phos 0/1 – 2-0-2 water doses.
2. Acid benz 1m – disc 4-0-4.
3. Nat ars 1m -4-4-4-4 a/food.
4. Rub 28 – 1 tab night b/food.